

Event to be held at the following locations:

Thursday 6th September 2018

Wherstead Park
The Street
Wherstead
Ipswich
IP9 2BJ

Thursday 13th September 2018

Essex County Cricket Club
The Pavilion
The Essex County Cricket Ground
Chelmsford
CM2 0PG

Time: 8am—10.30am

To Book

Please [fill in our booking form here](#)

or email us at:

academy@prettys.co.uk

confirming which event(s) you would like to attend.

If you are unable to attend then please feel free to invite a colleague in your place or request a copy of the presentation from us directly.

Mental Health in the Workplace

We are delighted to invite you to our Autumn Business Academy seminars at Wherstead Park and Essex County Cricket Club.

Our speakers will be Ginny Idehen, Head of Business Operations at Suffolk Mind, Emma Loveday-Hill, an Associate at Prettys in our Employment team, and Louise Plant, an Associate in our Personal Injury and Insurance team.

Ginny will be talking about how to create healthy workplaces that are environments which are good for getting key physical and emotional needs met, and will also touch upon the barriers to getting those needs met.

A concern for many employers are claims brought in relation to stress, Emma and Louise will consider employers' legal obligations regarding stress at work and strategies for managing employees with stress-related issues. We will also provide guidance as to what to expect when dealing with these types of claims.

Registration is from 8.00am, with the seminar starting at 8.30am and finishing by 10.00am.

Optional networking thereafter, concluding at 10.30am.

Attendance is free. Early booking is recommended and a light breakfast will be provided.

We do hope you will be able to join us!